

Investigation of the Effect of Preschool Sex Education Program on Parents' Level of Sexual Development Knowledge, Attitude, Communication and Sexual Abuse Awareness

Sexual development, which starts from fertilization, gains social, cultural and psychological dimensions with birth and becomes a lifelong part of human life. In order for children to grow up as healthy individuals, all developmental areas need to be supported correctly, but when it comes to sexual development and education, studies show that educators and parents are insufficient in terms of information on this subject, and they are worried, inadequate, restless, uncomfortable and excited in terms of communication. With this research, it is aimed to increase the knowledge level of the parents, their positive attitude towards sexual education, positive communication during sexual education and awareness of sexual abuse by providing sexual education to the parents of children receiving pre-school education. The study group of this research, which was designed in quantitative research type, experimental design, and Solomon four-group model, will be composed of parents of children attending pre-school education institutions. In the preparation of the Preschool Sex Education Program to be applied to parents, primary and secondary data sources will be used, literature review and archive scanning methods will be used. In the content of the program, the eight main topics (our body, sexuality, emotions, relationships, health, norms, reproduction and rights) that the World Health Organization states should be addressed in sexual education, how to teach these subjects to their children, how to answer questions from the child, child sexual development and sexual abuse topics will be included. The parent sexual education program is planned to be held online (by zoom) for about 45 minutes once a week for 8 weeks. Data will be collected using the Sexual Communication Scale, the Sexual Education Attitude Scale, the Sexual Development Knowledge Level and the Abuse Information/Attitude Scale for Parents. Demographic information of the parents will be collected with the Personal Information Form to be prepared by the researchers. Appropriate statistical methods will be used in the analysis of the data. Study findings will be given in an oral presentation.

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